



Commonwealth Lifesaving  
The Royal Life Saving Society

## **2009 RUSSELL MEDAL**

### **HARRY EVANS**

On the 11<sup>th</sup> August 2009, Harry Evans, 16 years of age and a member of Bournemouth Lifeguard Corps, and his friend were walking through Central Gardens in Bournemouth when a gentleman collapsed in front of them. At first it was unclear whether the man was in trouble or mucking around but Harry quickly assessed the situation as the lady who was accompanying the man ran off shouting for help.

Harry checked the area around the man for any obvious dangers and then assessed the man for signs of life. On turning the man onto his back he saw that his face had turned blue. He gave instructions to his friend to call for assistance and to inform the ambulance service that the casualty was unconscious and not breathing. He then started CPR and continued until the paramedics arrived. On arrival, the paramedics completed their checks and took over CPR on the man.

**For his calm assessment of the situation and actions Harry Evans is awarded  
the 2009 Russell Medal**