



2015 Russell Medal

At around 10.00pm on 04th July 2015, Tyler Bailer, a 17-year-old RLSS trained lifeguard from Canada, was at home with his mother and stepfather. He heard his mother shout for him and he ran up the stairs to see his step-father David lying on the floor, not breathing. His mother had already called 911 so Tyler immediately started CPR. Tyler continued with CPR for about 6 minutes until the ambulance crew arrived. David had experienced a cardio-myopathy event (heart failure) and 4 EMTs had to work on him for 45 minutes before they got a steady pulse. The Emergency Room staff managed to stabilize David's condition and transfer him to another hospital, and he has now fully recovered.

Many of the health professionals asked who had performed the initial CPR and commented on how skilfully he had administered it for the first time, especially on a family member and without any injury to the patient. He did, in fact, save his step-fathers life.