

JEMIMA LORDE
OF
ST LUCIA

At 3.30 am on Sunday, 16th July 2000 Jemima Lorde of St Lucia, was called from home in Castries, to a nearby house where an English friend of Glen Newman, aged 22 years was staying.

He was having difficulty breathing as a result of a severe asthma attack. Jemima and an American friend, Astra Henry, reached Mr Newman to learn that he had already lost consciousness once before they reached the scene. The two of them attempted to calm him down so that he would be able to make more effective use of his inhaler.

They instructed Mr Newman to relax by breathing rhythmically through his nose and out through his mouth. He continued this technique for approximately 5 minutes after which he panicked again and became unconscious on the bed on which he was seated.

The two ladies checked Mr Newman and found that he did not respond to either being spoken to or shaken. A further check revealed that he had stopped breathing and Jemima immediately extended his neck and opened his airway.

She then began mouth-to-mouth resuscitation and although there was initially no response after about 4 breaths he started to cough. He was then seated in the upright position and kept calm until the ambulance arrived and took him to the Island's Victoria Hospital.

Following some 3 hours of nebulizer treatment Mr Newman was released from hospital and was able to fly back to England later in the day.

Astra Henry, an Occupational; Therapist in New York, has said of the resuscitation by Jemima "I have been involved in a few emergency life threatening situations with patients. I am usually part of an extensive team of medical professionals but in this case that type of support was not available. Jemima was all the help Glenn needed. Her composure during the crisis was exemplary. How many sixteen year olds can say they helped to save a life? Jemima is an asset to all who come into contact with her.