



## **2008 MOUNTBATTEN MEDAL – TRISTAN KENNETT**

On 25<sup>th</sup> October 2008, Tristan Kennett, a RLSS UK trained lifeguard from Bournemouth, was driving along the A82 at Black Mount near Bridge of Orchy in Argyll and Bute. The weather conditions were horrendous with rain and high winds and the car in front of Tristan was blown off the road and overturned into flood water by the side of the road. The car, whose passengers were the Turner family from Nottingham travelling to a holiday cottage near Fort William, soon filled with water.

On seeing the car rolling into the water Tristan stopped and ran towards the car. He managed to force the front passenger door open and rescued Joanne Turner and her two children aged 10 and 12 from the car. Once they were safe and being looked after by other drivers who had stopped, Tristan returned to the car where the father, Chris Turner was submerged and unconscious in the passenger seat. He managed to undo the seatbelt and with great difficulty pulled Chris from the car by his legs. On getting him back to dry land, Tristan then carried out CPR until the paramedics arrived at the scene.

Mr Turner was taken to a nearby hospital where he was ventilated and then transferred to Inverness where he was stabilised and made a full recovery.

**For his quick response and action Tristan Kennett is  
awarded the 2008 Mountbatten Medal**