



2017 Mountbatten Medal

On Thursday 09th March 2017, Terrance Hinds, a lifeguard for the National Conservation Commission in Barbados and RLSS award holder, was on duty at Folkstone Marine Park in Barbados. At the time, the beach resort was displaying red flags due to rough seas and strong currents, and there were 'No Swimming' signs also displayed on the beach. Despite this, several people entered the water. A man and his wife in their 70's got trapped by a riptide and Terrance swam out to rescue the male who had become exhausted. At the same time Terrance guided the man's wife back to shore by telling her where to swim.

Once this couple were safely back on shore, Terrance then immediately re-entered the water on a board travelled far out towards the reef where a snorkeler had got into trouble. He put the lady (in her 50s) on his board and paddled her back to safety also.

Terrance successfully carried out two strenuous rescues in less than 30 minutes without any rest, and all involved were very fortunate that he was on duty that day.

Terrance Hinds was awarded the 2017 Mountbatten Medal by RLSS Mountbatten Medal Committee and endorsed by RLSS Board of Trustees.