

## The King Edward VII Cup awarded to Dr. Ian John Mackie AM, FRACP of the Royal Life Saving Society Australia

Dr Ian Mackie's first involvement with the Royal Life Saving Society was in 1948 when he took his Bronze Medallion Award. In 1956 he graduated from Sydney University and in 1960 was appointed a Fellow of the Royal Australian College of Physicians. Since 1996 he has been Tutor and Examiner in Clinical Medicine at the University of New South Wales.

In 1976 he was appointed Medical Chairman of the World Life Saving Association a position he held until 1994 when that body amalgamated into the International Lifesaving Federation.

In 1980 he was appointed National Medical Adviser to Surf Life Saving Australia a post he held until 1996. He took on a similar role with the Royal Life Saving Society Australia in 1982 and still holds that post. He served on the Australian Resuscitation Council from 1984 to 1995.

He was made a Member of the Order of Australia in 1989 and is a Grand Knight in the International Life Saving Federation.

Dr Mackie has been involved in the publication of a number of training manuals for both the Royal Life Saving and Surf Lifesaving since 1978 and has published many articles for a variety of publications on the medical aspects involved with prevention of death by drowning.

Since 1976 he has lectured all over the world on many aspects of resuscitation and lifesaving. He has been responsible for nearly one hundreds circulars and Policy Statements for the Australian Lifesaving bodies on subjects as varied as "Epilepsy and Swimming" to "The Use of Semi-automatic Defibrillators for Lifeguards".

He has provided the input to films and videotapes on various lifesaving subjects and one, the 1980 video "Death into Life – Standard Methods of CPR for Lifesavers", had a commentary version produced in Cantonese and Japanese as well as English.

As well as his considerable involvement in the medical aspects of lifesaving his other involvement in Sports Medicine has included being Medical Director of both the Australian Triathlon and Forster to Sydney Pye Surf Ski Challenge. In 1982 he published the first set of Safety Regulations for Triathlons and other multidiscipline endurance sports.

Dr Mackie is recognised around the world as one of the leading Medical advisors in all aspects of lifesaving, resuscitation and drowning prevention. His keynote addresses on different aspects of all these subjects have been praised in Canada, Germany, New Zealand, South Africa and the United Kingdom over the past twenty-five years.

He readily makes his extensive knowledge of all aspects of aquatic medicine available to lifesavers from every corner of the world and for his outstanding contribution to many areas of drowning prevention he is jointly awarded the King Edward VII Cup.